
American Legion Post 55 September Newsletter

From: Frank Goehringer <agent769991@mailers.kw.com>

Date: 09/02/2023 02:10PM

To: jackedwards@surewest.net



Issue 9, September 2023 Edition

American Legion Post 55 Laguna-Elk Grove Newsletter

Post 55 Matters



I want to thank everyone who helped with the Drive thru Fundraiser! We need to thank Derrick Tucker and U.S. Foods. Derrick was able to get most all the food we used Donated. Thanks to Jack Edwards, Robert Bullock, and Brent Kone

the cooks with Wes Bullard over seeing and keeping us organized! Many of you helped and thank you for that, we had 21 people help filling the dinner Bags. If you were a part of this THANK YOU!

Karen Wilson Randles our Service Officer as well as our District 6 Service Officer will be joined by Jeffrey Nhiayi as our Assistant Service Officer in Helping Veterans in our Community as our Post keeps trying to do our job of helping Veterans. Jeff will be seeing Veterans on the 2nd Friday of the month. Jeff is a County Veteran Service Officer too. If you need see him call me to make an apt.

Arlene our Adjutant has started the 25-cent coffee on the 4th Thursday of the month. This is at the Veterans Hall at 10 am, everyone is welcome. It was well received this last month. The program is to visit with the Veterans that are waiting to see Karen, and any Veterans that just want to visit. "Be the ONE"; we are Veterans helping Veterans.

Saturday, Sept 16th we will have a joint Post 233/55 POW/MIA Remembrance at the Grove at District 56. This will give us a chance to visit with our Friends at Post 233, and Remember our POW/MIA's.

I am proud to say that we have a lot of programs and events going on and need Volunteers. Please contact me to Volunteer.

Thank you,

Larry Sahota

Commander

916-847-3184

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American Legion Laguna-Elk Grove Post 55 Post Meeting
Wednesday, September 27th
Dinner/Social Hour at 6 pm
Meeting 7 pm

Please contact Larry Sahota 916-847-3184 larrysahota@citlink.net

[8230 Civic Center Drive, Elk Grove, CA 95757](#)

Important Military & Event Dates

September

2 - Victory over Japan Day 1945

9 - Post Breakfast 8:00 am - 10:00 am

9 - Multi Cultural Festival 10:00 am - 5:00 pm

11 - Patriot Day

11 - Cal Expo 911 Remembrance Ceremony

Gates Open 8:30 am, Ceremony 9:00am

11 - 9/11 Move America Forward Packathon 10:00 am - 2:00 pm

14 - POW-MIA Dinner Fair Oaks VFW Post 6158

15 - POW-MIA Day (3rd Friday in September)

17 - District 6 American Legion Meeting @ Post 233

18 - Air Force Birthday 1947

19 - Mix It Up Chamber of Commerce Meeting 5:30 pm - 7: 00 pm

22- Farm to Fork Festival 4:00 pm - 9:00 pm

23- Farm to Fork Festival 11:00 am - 9:00 pm

30th Spaghetti Dinner Fundraiser Children & Youth / Junior Activities

Join us for our Post Breakfast on Saturday, September 9th, 8 am to 10 am

Members/guests, please join us for breakfast. It is delicious. Only \$10 for a choice of meat, eggs, beverage, and all-you-can-eat pancakes

We will be going to the Lions Club Breakfast, and we have a room to ourselves.

Gil Albiani Recreation Center, [8830 Sharkey Ave, Elk Grove, CA, 95624](#)

Elk Grove Lions' 2nd Saturday Pancake Breakfast



Multi Cultural Festival @ District 56
September 09, 2023 10:00 AM - 05:00 PM
[Elk Grove Multicultural Festival](#)

Saturday, September 9th is going to be a busy day.
We have our Post Breakfast at 8:00 am and the Multi Cultural Festival starts at 10:00 am.

I will be leaving the Breakfast at 9:30 to go to the Festival. I need help with the table at the Festival.

I will be there from 9 to 1. I need help from all of you that are free. I believe Karen will close it at 5:00 pm.

I need you to email me what you can to help during the day. I will be doing the Parking traffic at the Harvest of Hope Event that night with Jack and Drake. See the layout and the Parking for us as vendors.

**Thank you,
Larry**



9/11 2001 Remembered Before and After





CalExpo Special event 9/11 Remembrance Ceremony
September 11, 2023 Monday Memorial Plaza

Cal Expo
1600 Exposition Blvd
Sacramento, CA 95815>
Gates open 8:00 am FREE
PARKING FREE ADMISSION Plaza

CEREMONY 9:00 am
Limited Seating

Event supported by: Vietnam Veterans of America Sacramento Valley Chapter 500 * American GI Forum State of California * American Legion District 6 Commander Mark Rice * AUSA (Association of the United States Army)



9/11 Pack-A-Thon

We are going to have a 9/11 Packathon event on Monday 9/11 from 10-2. Can you let your people know? I would love to have as many veterans and their families there as possible!

Let me know what additional info you might need.

If the group wants to be an event sponsor just let me know and I will include you guys in press releases/media advisories.

Care Packages for the Troops

Help join as volunteers with [Move America Forward](#) to prepare care packages for our deployed Armed Forces.

Move America Forward is a nonprofit military charity based in Sacramento, California, dedicated to supporting the brave men and women of our Armed Forces. Their mission is to provide emotional and tangible support to active duty troops deployed to combat areas around the world. Over the years, they have sent over 900 tons of care packages to deployed troops, and their efforts have been supported by thousands of volunteers, veterans, and military families all across the nation who share in their unwavering support of the military men and women who are on the front lines of protecting our country.

**[https://donorbox.org/troopathon-2023?
utm_source=TV&utm_medium=Website&utm_campaign=4th+of+Ju
ly](https://donorbox.org/troopathon-2023?utm_source=TV&utm_medium=Website&utm_campaign=4th+of+July)**

Scott Raab

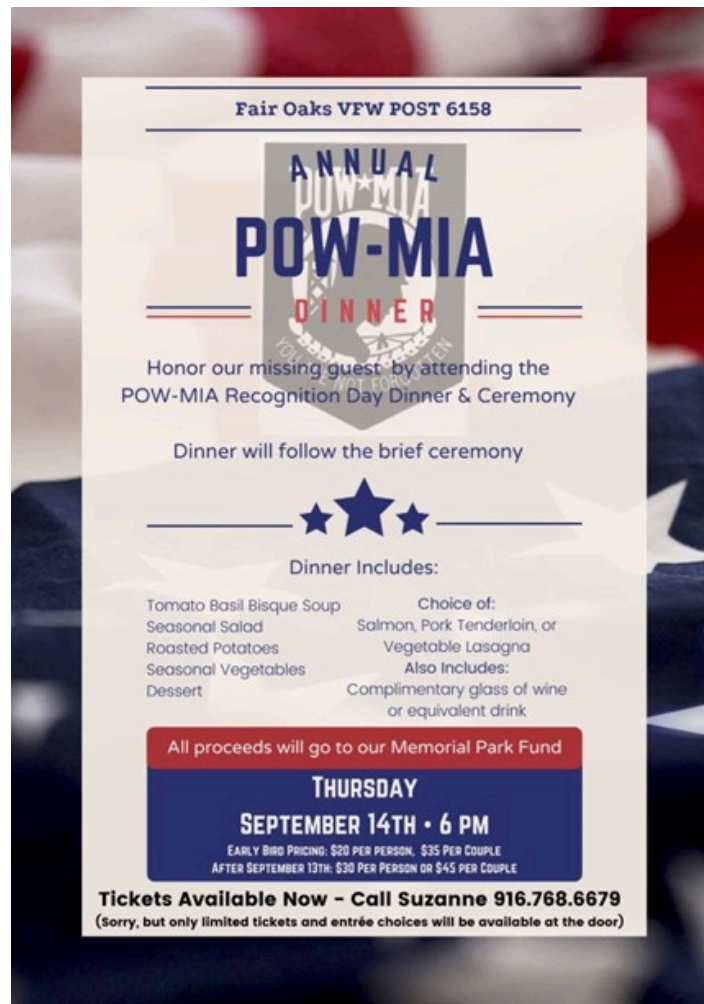
Outreach Director | Move America Forward | USN (OEF/OIF)

Office: (916) 441-6197 Mobile: (916) 956-3544 Fax: (916) 706-2865

[3105 Fite Circle Suite 108 | Sacramento, CA 95827](#)

www.moveamericaforward.org

www.troopathon.org



District 6 Meeting

September 17th at American Legion Post 233, Elk Grove Elk's Lodge, 9240 Survey Rd, Elk Grove, CA 95624

10:00 am

All Legionnaires are welcome

Our American Legion Post 55 will present Mark L Rice with a \$1,050 donation towards the District 6 Maui Wildfire Relief Effort
If anyone wants to donate more, please contact Larry Sahota 916-847-3184

California Disabled Veteran (DV) License Plates

At my local care partners group today I learned something very valuable that is available for disabled veterans - those who are 100% Disabled or unable to walk without assistance devices.

If you are a disabled veteran with a qualifying disability, you may be eligible for Disabled Veterans License Plates.

DV License Plates exempt you from paying vehicle registration and license fees. The plate also allows you to cross any Bay area bridge without charge - toll-free.

So this is a huge benefit for mobility disabled veterans.

Please share this information with any veteran in your group.

Here is the link to the website to learn more:

<https://www.dmv.ca.gov/portal/vehicle-registration/license-plates-decals-and-placards/disabled-veteran-dv-license-plates/>

You may also click on the arrow after the title below to get the PDF form for certification about the disability.

[Disabled Veteran Certification on the Miscellaneous Certifications \(REG 256A\)](#)

Sons of the American Legion Meeting

Date: TBD

Time: 6:30 pm

As soon as we get our Legion Charter we will resume our meetings.

Any Son wishing to Honor their parents or grandparents is welcome to attend and join.



DID YOU KNOW?

There are Federal Benefits and California State Benefits you have earned.

[Click here to view and download Federal Benefits Book](#)

[Click here to view and download the California State Benefits Book](#)

Did you know our Veteran Service Officer Karen Wilson Randles works out of our Post 55 on Thursdays 10 am - 3 pm



Veterans Hall @D56
8230 Civic Center Dr
Elk Grove, CA 95757

THURSDAYS 10AM-3PM
- Walk-ins available 10AM-11:30AM and 1:30PM-3PM
- NO Walk-ins between 12PM-1:30PM

Appointments call 916-566-7430
- ask for Karen Randles or Albert Revives

Sacramento Vet Center

1111 Howe Ave Ste 390
Sacramento, CA 95825
916-566-7430

Our services are also offered through Mobile Vet Centers, in other community locations, and through virtual appointments.

vetcenter.va.gov



Counseling

Vet Centers offer individual, group, couples, and family counseling for you to talk through both combat experiences and everyday stressors in a confidential environment.



Referrals

We help you navigate through time-consuming tasks and receive referrals for medical, benefit, employment, and other VA and community-based resources near you.



Community Engagement

Vet Centers create opportunities for you to bond with others who share similar experiences and work alongside community partners to advocate for your needs.

American Legion Flag & Emblem for Shirts and Hats

For anybody interested in purchasing a Legion cap, click on the link below. Be sure to order the "City" cap type with "Elk Grove"

as the City, "55" as the Post number, and "California" as the Department. The Link works better from a computer than from a mobile device.

https://emblem.legion.org/uniform_caps/legion.asp

For Members wanting Shirts and hats they can be ordered from the Legion.

Purchasing a Shirt or Legion cap, click on the links below. Be sure to order the "City" cap type with "Elk Grove" as the City, "55" as the Post number, and "California" as the Department for the Hats.

<https://emblem.legion.org/shirts/departments/1232/> (for Shirts)

https://emblem.legion.org/uniform_caps/legion.asp (for Hats)

BW Products

American Legion Post 55

K500 - mens navy polo w/ left chest logo & name = \$30.00 ea sizes AXS – 2XL_____

K500 - mens navy polo sizes 3X -6X = \$32 .00 ea_____

Name on Polo_____

L500 – ladies navy polo w/ left chest logo & name = \$30.00 ea. sizes AXS – 2XL

L500 – ladies navy polo sizes 3X – 6X = \$ 32.00ea._____

Name on Polo_____

A703 Navy apron w/ American Legion embroidery & name personalization = \$23.00_____

Name on Apron_____

18000 navy crewneck sweatshirt w/ American Legion embroidery & name personalization = \$ 21.00

Name on Sweatshirt_____

18500 navy hooded sweatshirt w/ American Legion embroidery & name personalization = \$27.00

Name on Sweatshirt_____

18600 navy full zip sweatshirt w/ American Legion embroidery & name personalization = \$ 32.00

Name on Sweatshirt_____

Wet and dry shirt

ST320 Navy dri wicking material w/ left chest logo = \$20.00 ea sizes S XL_____

ST320 Navy dri wicking material w/ left chest logo = \$22.00 ea sizes 2XL

+_____

Legion Baseball Caps \$20.00_____

Name of person

ordering_____

BW Products

Sons of the American Legion Squadron 55

K500 - Polo in Ultramarine Blue w/ left chest logo & name = \$30.00 ea sizes AXS – 2XL _____

K500 - Polo in Ultramarine Blue w/ left chest logo & name 3X -6X = \$32 .00 each _____

Name on Polo _____

ST350 Carolina Blue dri wicking material w/ single color print on left chest \$18 ea sizes. S-XL _____

ST350 Carolina Blue dri wicking material w/ single color print on left chest \$20 ea sizes. 2XL+ _____

Sons Baseball Caps \$20.00 _____

Name of person

ordering _____

Any Post 55 members interested in starting a Riders Group contact Jorge Lopez jorge.lopez3557@att.net



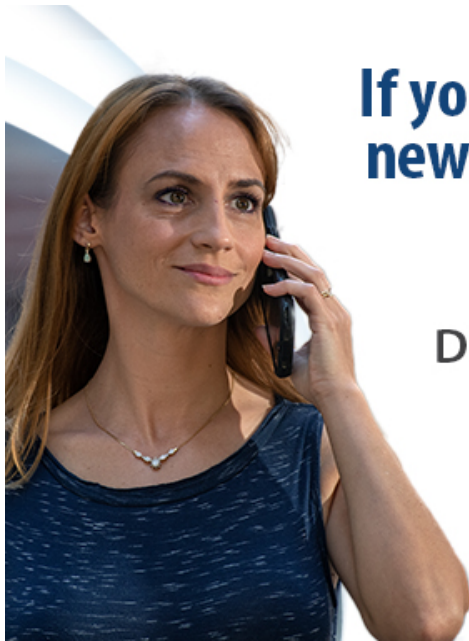
American Legion Riders

American Legion Riders chapters are well known for their charitable work, which has raised hundreds of thousands of dollars for local children's hospitals, schools, veterans homes, severely wounded servicemembers and scholarships. Since 2006, Riders nationwide have participated in The American Legion Legacy Run to annually raise money for the Legacy Scholarship Fund, established to

provide scholarships to children of U.S. military personnel killed since Sept. 11, 2001.

Currently, over 110,000 American Legion Riders meet in over 2,000 chapters in every domestic department and in at least three foreign countries.

Keep a lookout for valuable resources on Buddy Call 22. Frank Goehringer 3rd Vice Commander will be sending out an email blast (around the 22nd day of each month) encouraging our members to reach out to our Battles Buddies and do a Health & Welfare call, text or email. We all served and we are here to support one another. You never when someone needs a little help or someone to talk to.



If you're in crisis, call the new Veterans Crisis Line number.

Dial 988 then Press 1.



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Courtesy of:



kw ELK GROVE

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CA DRE# 01826409
Cell: 916-996-1877

[Email: Frank.Goehringer@kw.com](mailto:Frank.Goehringer@kw.com)

Web Site: Frank-Goehringer.kw.com

To unsubscribe please [click here](#).