

## American Legion Post 55 Mid Month Newsletter

From: Frank Goehringer <agent769991@mail.kw.com>

Date: 02/18/2023 09:33AM

To: jackedwards@surewest.net

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**Special Mid Month Issue**

# American Legion Post 55 Laguna-Elk Grove Newsletter

## Post 55 Matters

The 4 Chaplains Ceremony on February 4<sup>th</sup> was a huge success, photos in the next newsletter, stay tuned

**Another great Post Breakfast was had by all on February 11th at Gil Albiani Center at 8am to 10am.**

**Join us this Sunday for our 1st Post Meeting @ The District 6 meeting on February 19<sup>th</sup> at 10am. It is the first meeting Post 55 will be seated. It is at Yolo Post 77 in Woodland and I would like as many of you who can to attend.**

**Featured this month:**

**Helen Justice - Navigating Veteran Care 2/22**

**Post meeting February 22<sup>nd</sup>, Social Hour at 6pm and meeting at 7pm.**

**I am looking forward to seeing you at one or more Event if you can.**

**\*\*\*\* ACTION NEEDED NOW \*\*\*\***

**This affects all Military Retirees & Surviving Spouses**

**Be sure to support AB 46 Now!!!**

**Military Retiree and Surviving Spouse Tax Exemption Bill AB-46.**

**Instructions and letter provided below.**

**Take care and be safe,**

**Larry Sahota**

**916-847-3184**

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**Introduction of your Leadership**

**Commander  
Larry Sahota**



**1st Vice Commander  
Gary Evans**



**2nd Vice Commander  
Brent Kone**



**3rd Vice Commander  
Frank Goehringer**



**Acting Finance  
Officer  
Jack Edwards**



**Sergeant at Arms  
Robert Dreyer**



**Adjutant  
Arlene Salvador**



**Judge Advocate  
Wes Bullard**



**Chaplain  
Paul Copsey**



**Veterans Service Officer  
Albert Revives**

**Picture Coming Soon**

**Web & Public Affairs**



**Members At Large**

**Wes Bullard**

**Robert Bullock**

**Derrick Tucker**



**Hall Board**

**Wes Bullard**

**Paul Copsey**

**Robert Bullock**




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**COMMANDER'S COLUMN**

**Important Dates**

**Groundhog Day February 2nd**

**Lincoln's Day February 12th**

**Valentine Day February 14th**

**District 6th Meeting - Support Our Post February 19th**

**Presidents' Day February 20th**

**Washington's Birthday February 22nd**

**Navigating Veteran Care Feb 22nd**

**Black History Month Feb 22nd**

**American Legion Post 55 Laguna-Elk Grove meeting February 22nd**



## Save The Date

[Click here to visit our web site calendar for events, dates, times, and descriptions](#)

3/11 Pancake Breakfast

3/22 Member Meeting

3/29 Vietnam Veterans Day

3/31 Drive-Thru Dinner Fundraiser

3/29-4/2 The Wall That Heals in Citrus Heights

4/1 Woodstock for Warriors Fundraiser

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## DID YOU KNOW?

There are Federal Benefits and California State Benefits you have earned.

[Click here to view and download Federal Benefits Book](#)

[Click here to view and download the California State Benefits Book](#)

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### **\*\*\* VERY IMPORTANT ACTION NEEDED \*\*\***

**Please Support Military Retiree and Surviving Spouse Tax Exemption Bill AB-46**

Jan 27, 2023 - AB 46 is moving forward. It is now in the Revenue and Taxation Committee chaired by Jacqui Irwin. We need every veteran supporter to submit a letter in support of this bill along with their friends, neighbors, and fellow veterans. Letters being sent via USPS need to go out now.

**Assemblymember Jacqui Irwin,  
Chair of the Committee on Revenue and Taxation  
Legislative Office Building  
1020 North O Street Room 167A  
Sacramento, CA 95814>**

If you wish to call: **916-319-2098**

Letters can be uploaded through the updated Position Letter Portal. This site was designed to facilitate the submission of position letters to committees as bills move through California's legislative process. <https://calegislation.lc.ca.gov/Advocates>

**Online Simple Steps:**

- 1) Go to: <https://calegislation.lc.ca.gov/Advocates>**
- 2) Create an account for CA Legislature Position Letter Portal, takes a minute**
- 3) Once created, Insert 46 next to Bill #, click search for bill**
- 4) Click Support on radio button on top right**
- 5) Copy and paste the following letter**
- 6) Be sure to add your name at the bottom then Click Submit**

The Honorable Jacqui Irwin  
Chairman of the Assembly Revenue and Tax Committee  
1021 O Street Room 167A  
Sacramento, CA 95814>

Subj: Military Retiree, Veteran, and Surviving Spouse Definitions

Dear Assemblymember Irwin:

During our A.B. 1623 campaign in 2022, one of our "takeaways" was Legislators may not be aware of the definitions for Retiree, Veteran, and Surviving Spouse. For your information, below are the U. S. Government definitions for Retiree, Veteran, and Surviving Spouse. Approximately 165,000 Military retirees and Surviving Spouses reside in California.

**RETIREEES:** Members who accumulate 20 or more years of active service (including Reserves and National Guard) are eligible for retirement.

After 20 years of Military service, servicemembers are eligible for retirement, many in their 40s. Military retirees are highly skilled with experience in management, task prioritization, resource management, attention to detail, team building, and communications. Most importantly many Military retirees have security clearances required to work in California's expanding National Security workspace. In California, approximately 73% of Military retirees are enlisted.

**VETERANS:** Men and women who have served, but are not currently serving, on active duty in the U.S. Army, Navy, Air Force, Marine Corps, or the Coast Guard, or who served in the U.S. Merchant Marine during World War II. People who served in the National Guard or Reserves are classified as veterans **only** if they were ever called or ordered to active duty, including the 4-6 months for initial training or yearly summer camps.

**SURVIVING SPOUSES:** The surviving spouse of a uniformed (military) serviceman who either retired, paid premiums for Surviving Benefits Plan (SBP), or of a service member who died on active duty in the line of duty or in combat. Approximately 27,000 surviving spouses reside in California. Military Surviving Spouses are well-educated and hold jobs in science, computer technology, healthcare, education, and many more.

Many Military retirees and Surviving Spouses use their educational benefits provided by the U.S. Government to increase their occupational and management **skills** in Science, Technical, Engineering, Mathematics (STEM), and Medical occupations. They intend to enter California's high-tech workforce aligning with one of your "hot buttons", maintaining and growing California's high-tech workforce. Their children are CA residents and will also contribute to the state economy.

Military retirees and Surviving Spouses pay taxes on their second career earnings which are usually greater than their taxable active duty pay or SBP revenues. Instead of losing a taxpayer and family, California would be retaining a taxpayer with increased earnings and the tax revenues generated by the families of Military retirees and Surviving Spouses.

Assemblymember Ramos introduced A.B. to the 2023 California legislature to exempt Military retirees and Surviving Spouses from California Income Tax.

Military retirees and surviving spouses can be one of the keys to continued prosperity for California. Our state can honor our military retirees while at the same time enhancing its STEM and medical workforce and bolstering its tax base with higher-earning military retirees and spouses. Your assistance with this important matter would be greatly appreciated.

Very Respectfully,

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Please join us Wednesday, February 22nd  
for a talk from the area's leading Veteran advocate <sup>2:00 PM</sup>  
Helen Justice. Her no-nonsense, highly informative talk  
will help you navigate the Veteran Administration  
Community Care Program and their aid benefits.



*Are you getting the benefits you are entitled to?*

To RSVP  
go to [www.AdvancedWellnessGCM.com](http://www.AdvancedWellnessGCM.com)  
or call Helen Justice, GCM-VA Accredited  
at (916) 524-5151

**NO INSURANCE PRODUCT SALES are a part of this training**

**Advanced Wellness GCM, Inc**  
1100 Melody Lane, Roseville, CA 95678

**February 22nd 2:00pm**  
**1100 Melody Lane**  
**Roseville, CA 95678>**

[RSVP Here](#)

[Web Site for details click here](#)

[Sign up here](#)

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## About "The Wall That Heals"

On Veterans Day 1996, the Vietnam Veterans Memorial Fund (VVMF) unveiled a replica of the Vietnam Veterans Memorial in Washington, D.C., designed to travel to communities throughout the United States. Since its dedication, *The Wall That Heals* has been displayed at nearly 700 communities throughout the nation, spreading the Memorial's healing legacy to millions.

Bringing The Wall home to communities throughout our country allows the souls enshrined on the Memorial to exist once more among family and friends in the peace and comfort of familiar surroundings. The traveling exhibit provides thousands of veterans who have been unable to cope with the prospect of facing The Wall to find the strength and courage to do so within their own communities,

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## American Legion Riders

**American Legion Riders chapters are well known for their charitable work, which has raised hundreds of thousands of dollars for local children's hospitals, schools, veterans homes, severely wounded servicemembers and scholarships. Since 2006, Riders nationwide have participated in The American Legion Legacy Run to annually raise money for the Legacy Scholarship Fund, established to provide scholarships to children of U.S. military personnel killed since Sept. 11, 2001.**

**Currently, over 110,000 American Legion Riders meet in over 2,000 chapters in every domestic department and in at least three foreign countries.**

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**Join us for our Post Breakfast on Saturday, March 11th, 8am to 10am**

**January was a great success, we had 37 members/guests join us in the wind and rain for breakfast. It was delicious. Only \$8 for choice of meat, eggs , beverage and all you can eat pancakes**

**We will be going to the Lions Club Breakfast, and we have a room to ourselves.**

**Gil Albiani Recreation Center, [8830 Sharkey Ave, Elk Grove, CA, 95624](#)**

**Elk Grove Lions' 2nd Saturday Pancake Breakfast**

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**District 6th Meeting**

**February 19th 10am-3pm**

**American Legion Post 77  
523 Bush St  
Woodland, CA 95695>**

I could use as many of our members to come and show support for our Post.

This is the first meeting we as a Post will be seated and it is important to show that we have members. The Sock Hop is a nice touch, but I don't dance, I have enough trouble walking. But, if any of you do stay and enjoy.

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SALUTE WITH HONOR AND RESPECT



## BLACK HISTORY MONTH

Presentation by Crawford Johnson, Adjutant, National Association of Black Veterans (NABVETS) Chapter 109 Sacramento



SCAN ME

Presentation on the history of The Tuskegee Airmen

Awards and citations to local veterans

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**WEDNESDAY**  
**22 FEB 2023**  
2:00 PM

LOCATION: New Beginning Fellowship  
2251 Florin Road Suite 200  
Sacramento, CA 95822

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**Endorsed and supported by:**  
Assemblywoman Stephanie Nguyen (Dist. 10)  
Sacramento County Supervisor Sue Frost (Dist. 4)  
NABVETS State Commander, Sonny Rodgers  
American GI Forum, California  
Tuskegee Airmen Heritage Chapter Greater Sacramento

**Sponsors:**  
Sacramento City Councilwoman Caitly Maple (Dist. 5)  
Sacramento City Councilwoman Mai Vang (Dist. 8)  
Sacramento City Councilwoman Katie Valenzuela (Dist. 4)

Free Public Event



SCAN ME











**Keep a lookout for valuable resources on Buddy Call 22. Frank Goehringer 3rd Vice Commander will be sending out an email blast (around the 22nd day of each month) encouraging our members to reach out to our Battles Buddies and do a Health & Welfare call, text or email. We all served and we are here to support one another. You never when someone needs a little help or someone to talk to.**







**kw** ELK GROVE

Frank Goehringer – Realtor

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Web Site: [Frank-Goehringer.kw.com](http://Frank-Goehringer.kw.com)

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