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## American Legion Post 55 March Newsletter

From: Frank Goehringer <agent769991@mailers.kw.com>

Date: 03/03/2023 08:05PM

To: jackedwards@surewest.net

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Issue 3, Newsletter March 2023

# American Legion Post 55 Laguna-Elk Grove Newsletter

## Post 55 Matters



**First and foremost let's welcome our newest members:  
Donald Rowe, Bob Courtmier, Larry Woods and Brian Estrada  
We are now at 61 members and growing. Please keep recruiting,  
there are 4 other Posts in District 6 that have less members. Our  
next goal is 70 members, let's do it.**

**Well Team, we are getting closer to being a Chartered Post! I will find out when I apply for the Permanent Charter, which should be sometime around March 8th.**

**Congratulations Wes Bullard, winner of naming the post newsletter "Post 55 Matters".**

**I am proud to announce that we had 31 members attend our Post dinner and 35 members attend out meeting.**

**I want to again thank each and every one of you for your support and help in getting this Legion Post up and running, Please join us for our March Breakfast**

**A Message From Henry Sanchez, 6th District Adjutant Elk Grove Post 233:**

**The American Legion National Headquarters is sponsoring a Town Hall Meeting**

**Monday, March 6th, 2023 6:00pm**

**VFW POST #67, 2784 Stockton Blvd., Sacramento, CA  
(not far from the UC Davis Medical Center).**

**Please share this important event with ALL our veterans within the greater Sacramento region. If you are currently receiving medical care at the Sacramento VA Medical Center or any of the surrounding VA Clinics.....PLEASE PLEASE PLEASE.....attend the Town Hall meeting This is YOUR opportunity to share your good and bad experiences with this VA Facility. The National HQ's Team will be reporting directly to the DIRECTOR of the VA facility the following next two days. American Legion Elk Grove Post 233 and Auxiliary Unit 233 is proud to represent the 6<sup>th</sup> District and The Department of California by hosting this event for our National Headquarters. Light finger foods and refreshments will be served as well. SHARE ..... SHARE.....SHARE with you entire Post membership. We want as many veterans as possible attending this event and, more importantly, sharing your experiences!**

**Take care and be safe,**

**Larry Sahota**

**916-847-3184**

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**Introduction of your Leadership**

**Commander  
Larry Sahota**



**1st Vice Commander  
Gary Evans**



**2nd Vice Commander  
Brent Kone**



**3rd Vice Commander  
Frank Goehringer**



**Acting Finance  
Officer  
Jack Edwards**



**Sergeant at Arms  
Robert Dreyer**



**Adjutant  
Arlene Salvador**



**Judge Advocate  
Wes Bullard**



**Chaplain  
Paul Copsey**



**Veterans Service Officer  
Albert Revives**



**Web & Public Affairs**





**Members At Large**

**Wes Bullard**

**Robert Bullock**

**Derrick Tucker**



**Hall Board**

**Wes Bullard**

**Paul Copsey**

**Robert Bullock**





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## COMMANDER'S COLUMN

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**As you know, one of the things that we need to do as a new Post is to have fundraisers so that we will have money in hand when we are called to provide support to our fellow veterans and their families.**

**Our Post 55 Drive-Thru Ham Dinner fundraiser is up and ready to go. The tickets are available, so let me know how many you want to sell.**

**Additionally, sales are available online as well. So, if you have friends who**

**want to go, you can just direct them to the website. <https://post55.americanlegionelkgrove.com/>**

**All food preparation and handling are by California State Certified Food Handlers.**

**Commander, Larry Sahota**

**P.S. The file showing below is an image file that you can click on and save to your computer to post on your Facebook page. To save the image to your computer, do a right click with your mouse on the graphic then click "save image as" to save it to your computer. Below this image is a link for a .pdf version of this file that you can print out or save to your computer to share with your friends.**

## **“Veterans Still Serving Veterans”**



Dinner for 4 people for only \$50.00



Your dinner includes: 2# of Sliced Ham, Split Pea Soup, Hawaiian Rolls, Mashed Sweet Potatoes, Glazed Carrots, Green Salad & Apple Crisp

Drive-Thru Dinner - Friday, March 31<sup>st</sup>

Pick Up between 4:30pm - 6:30pm

District 56 Parking Lot, 8230 Civic Center Drive, Elk Grove 95757



Scan This Code

To Order Now

**Thanks for supporting your local veterans!**

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## **Important Dates**

**Daylight Saving Time March 12**

**American Legion Birthday March 15**

**St. Patrick's Day March 17**

**First Day Of Spring March 20**

**National Vietnam War Veterans Day March 29**

## **Save The Date**

**[Click here to visit our web site calendar for events, dates, times, and descriptions](#)**

**3/11 Pancake Breakfast**

**3/22 Member Meeting**

**3/29 Vietnam Veterans Day**

**3/31 Drive-Thru Dinner Fundraiser**

**3/29-4/2 The Wall That Heals in Citrus Heights**

## 4/1 Woodstock for Warriors Fundraiser

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**Quilt of Honor  
Presented at our last meeting  
Photos: Larry Sahota, Jeff Dixon and Elizabeth Rhoan donated  
the cake**

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**[Web Site for details click here](#)**

**[Sign up here](#)**

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## About "The Wall That Heals"

On Veterans Day 1996, the Vietnam Veterans Memorial Fund (VVMF) unveiled a replica of the Vietnam Veterans Memorial in Washington, D.C., designed to travel to communities throughout the United States. Since its dedication, *The Wall That Heals* has been displayed at nearly 700 communities throughout the nation, spreading the Memorial's healing legacy to millions.

Bringing The Wall home to communities throughout our country allows the souls enshrined on the Memorial to exist once more among family and friends in the peace and comfort of familiar surroundings. The traveling exhibit provides thousands of veterans who have been unable to cope with the prospect of facing The Wall to find the strength and courage to do so within their own communities,

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## American Legion Riders

American Legion Riders chapters are well known for their charitable work, which has raised hundreds of thousands of dollars for local children's hospitals, schools, veterans homes, severely wounded servicemembers and scholarships. Since 2006, Riders nationwide have participated in The American Legion Legacy Run to annually raise money for the Legacy Scholarship Fund, established to provide scholarships to children of U.S. military personnel killed since Sept. 11, 2001.

Currently, over 110,000 American Legion Riders meet in over 2,000 chapters in every domestic department and in at least

**three foreign countries.**

**Anyone interested in joining the American Legion Riders  
Post 55**

**Jorge Lopez**

**916-317-0620**

**[jorge.lopez3557@att.net](mailto:jorge.lopez3557@att.net)**

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**Join us for our Post Breakfast on Saturday, March 11th, 8am to 10am**

**January was a great success, we had 37 members/guests join us in the wind and rain for breakfast. It was delicious. Only \$8 for choice of meat, eggs , beverage and all you can eat pancakes**

**We will be going to the Lions Club Breakfast, and we have a room to ourselves.**

**[Gil Albiani Recreation Center, 8830 Sharkey Ave, Elk Grove, CA, 95624](#)**

**Elk Grove Lions' 2nd Saturday Pancake Breakfast**

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**Reminder Daylight Saving Time  
[Sunday, March 12, 2023](#)**

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**Keep a lookout for valuable resources on Buddy Call 22. Frank Goehringer 3rd Vice Commander will be sending out an email blast (around the 22nd day of each month) encouraging our members to reach out to our Battles Buddies and do a**







**kw** ELK GROVE

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